

# KNHS Volleyball

## ~ August 2018 ~practices and games

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	3	4
5 Dead week ends	6 First day of Fall practice!! 8-9 Weights, 10-12 Court time Make sure you have all of your	7 8-9am Weights 10-12 Court time	8 8-9 Weights 10-12 Court time	9 8-9 Weights 10-12 Court time	10 8-9 Weights 10-12 Court time	11
12	13 3:00-6:00pm practice	14 3-6pm practice	15 3-6pm	16 3-6pm	17 3-5:30pm	18
19	20 Practice after school until	21 Varsity Jamboree at Clinton	22 Practice until 6pm	23 Practice until 6pm	24 Practice until 5:30	25
26	27 Practice until 6pm	28 First game! Home vs. St. Paul 5:30pm	29 Practice until 6pm	30 Practice until 6pm	31 Practice until 5pm Enjoy your Labor Day weekend!	1